

Sept/October 2022

High Park

Community League

NEWSLETTER

HOW CAN
I HELP?

#VOLUNTEER

Bingo Volunteers Needed

Upcoming Bingo Dates

Thursday Sept 22
Monday Oct 24

Castledowns Bingo
5pm - Midnight

\$75 Community League Credit
Free Dinner

As always, we will pay for your meal and issue a community league credit for \$75 which can be used towards events in the community as well as children/youth activities outside the community.

Please Contact Jean at 780-945-1911

Follow Us

Facebook Instagram



HIGH PARK ANNUAL MEMBERSHIP BRUNCH

Saturday Sept 17, 2022

10am - 1pm

Come have Brunch, meet your neighbors
and get your 2022/2023 membership.
Family \$25 - Individual \$15 - Senior \$5

Join us for FALL - O - WEEN

Saturday Oct 30, 2022

1pm - 3pm

High Park Hall

Door Prizes

Prizes for Costumes

&

Pumkin Carving

Fall-O-Ween Crafts

PLAY TO BUILD YOUR
COMMUNITY

50/50
efcl.org/50-50

Win up to
\$10,000!

Draw September 19, 2022

50/50 is a 50/50 lottery game. All proceeds go to the Association of Community Leagues. Tickets only available from Sept 1st to Sept 15th, 2022. Please play responsibly. ©2022



Yoga - Vinyasa flow

Yoga Instructor: Kim Pelensky-Rimmer
Wednesday nights
6:30- 7:30 p.m.

*Free for High Park community league members or 5\$ drop in

Painting and Art

Watercolour paint nights
Monday nights, 6:00 p.m. - 9:00p.m.
Check the website for Dates
Location: High Park community hall
Ages 12+
Prices per season: 8 classes \$80
Drop in rates: \$20

KUNG FU

Kindergarden Kung Fu - ages 4-10
Wing Chun and Shaolin Kung Fu
Open Kung Fu Training
Beginner lessons
More information about our
Kung fu program
grasshopperkungfuclub.com

For more information on any of the
High Park Programs contact
program director:
Bing Phung - 780-707-9557
programs@highparkcommunity.com
or
Visit our Website at
www.highparkcommunity.com

AGM

Save the Date
October 27th at 6pm High Park Hall
Wine & Cheese
See Website for Available Positions

UPCOMING EVENTS

CRAFT AND BAKE SALE
NOVEMBER 26. 2022

SENIORS CHRISTMAS DINNER
DECEMBER 6TH 2022
DOORS AT 5:30 & DINNER AT 6:00PM

FOR MORE INFORMATION
PLEASE CONTACT JANICE 780-484-4646
PRESIDENT@HIGHPARKCOMMUNITY.COM

We are accepting Applications for
2022/2023 Snow Removal at Hall
Please Contact Janice 780-484-4646
president@highparkcommunity.com

PLEASE VISIT THE WEBSITE
FOR ALL PROGRAM INFORMATION
AND UPDATES

TRIPLE 1 CONVENIENCE STORE
15241 - 111 Ave NW
NOW SERVING HOT FOOD
SAMOSA | CORN DOGS | TAQUITOS
CHICKEN WINGS | SANDWICH
BUTTER CHICKEN & RICE COMBO
780.484.0007

| | | | |
|--------------|-----------------------|---|------------------|
| SLUSHIE | BLANKETS | GROCERIES | PET FOOD & TOOLS |
| CHIPS N NUTS | ENERGY DRINKS | ICE CREAM | T-SHIRTS |
| CHOCOLATES | COFFEE & JUICES | ATM | PURSES |
| CANDIES | HEALTH & BEAUTY | <i>Please Support your Local store.</i> | |
| GUMS | JONES SUGAR CANE SODA | | |

www.highparkcommunity.com 780-484-4646
11032 154 Street Edmonton, AB T5P 2K1